

Lower Plains Chapter - St. Louis 2020-2021 Schedule of Events

LIGHT THE NIGHT (LTN)



Light The Night is the Leukemia & Lymphoma Society's (LLS) nationwide evening fundraising walk to celebrate and commemorate lives touched by blood cancers. Participants walk along a one-mile route carrying illuminated lanterns - white for survivors, red for supporters, and gold in memory of a loved one.

lighthenight.org/events/st-louis

SAVE THE DATE: Forest Park, 10.2021

MAN & WOMAN OF THE YEAR (MWOY)

Hundreds of men and women in 63 cities throughout the nation compete in a 10-week philanthropic competition to see who can raise the most money to beat cancer. All candidates agree to utilize their leadership abilities to conduct their own fundraising campaign for LLS. Culminating with a Grand Finale Celebration hosting 800+ guests, the top female and male candidates are named the Man & Woman of the Year.

mwoy.org/mwoy-st-louis-0

SAVE THE DATE: 06.2021



STUDENTS OF THE YEAR (SOY)



Students of the Year is a philanthropic leadership development program through which highly-motivated, student leaders embark on a journey of professional growth and raise funds for LLS. The title, Student of the Year, is awarded to the high school student in each community who raises the most funds during the 7-week competition.

studentsoftheyear.org/students-year-st-louis

KICK OFF: 02.17.2021, GRAND FINALE 04.09.2021

HERO SQUAD

Through our Hero Squad Program we work with students in grades K-12 to provide fundraising ideas and guidance in the fight against blood cancers. The program teaches leadership, philanthropy and community service. Hero Squad offers an exciting STEM/SEL (Social and Emotional Learning) curriculum for grades K-8, with each lesson plan designed to be grade-level appropriate and easily integrated into the existing math and science curriculum. LLS provides all the material at no cost to the schools.

herosquad.org/gateway



TEAM IN TRAINING (TNT)



Team In Training is the world's largest endurance sports training program. Since 1988, TNT has trained more than 600,000 novice to seasoned athletes to run or walk a marathon or half marathon, cycle a century ride, participate in a triathlon or compete in a hike. In exchange for experienced coaching, team members raise funds to fight blood cancers. TNT has a national reach of 12,000 and trains 200 participants yearly.

teamintraining.org

Destinations available online

For more information please contact Jane Smith at 314.406.4753

To Make a Donation:



Mail:
LLS - Gateway
P.O. Box 772354
Detroit, MI 48277



Text:
CURESTL to 39999



Visit:
LLS.org/LOPLN